A Recipe is a Story, too!

Share your favourite healthy recipe and you could win a book voucher for you or your school!

A recipe can say a lot about who we are. It can show where we come from, special meals for special times, and food we grow at home or at school!

Send us your super healthy recipe along with a photograph or drawing of the dish, and, in 30 words or less, why it is a healthy recipe. Your recipe must include one serve of fruit or veg! Your parent or teacher can check the WA Branch Children’s Book Council’s Facebook page to see if your photograph or drawing appears during the competition period.

Prizes
School/Class entry: Book Voucher to the value of $150
Individual entry: Book Voucher to the value of $50

To enter: email this completed and signed form together with the A Recipe is a Story, too! entry form to recipecbw@yahoo.com

School Entry_________ Personal Entry__________ (PLEASE TICK)

School or Name:___________________________________________________________

Address_________________________________________________________________

Year:___________________________________________________________________

Teacher’s or Parent’s Name:_______________________________________________

Phone:_________________________________________________________________

Email:_________________________________________________________________
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Entry Requirements:

- the competition is only open to Western Australian primary school age children.
- an entry can be submitted by an individual or by a class.
- only one entry per child for a personal entry or one entry per class for a school entry.

The entry must include:

- a recipe with at least one serve of fruit and veg in the ingredients and promotes and supports the Go for 2&5 healthy eating message.
- the reason for sharing the recipe and explanation of why it is a healthy recipe in 30 words or less.
- a photograph or drawing of the final dish.
- the entry must be original and all the work of the entrant/s.

The competition opens on Monday 15th August and closes on Friday 2 September 2016.

The entries will be judged by Healthway on the grounds of merit, originality and creativity in the promotion of healthy eating. The judges’ decision is final and no correspondence will be entered into. Winners will be notified by telephone or email.

For more information about Go for 2&5 go to http://gofor2and5.com.au

For full terms and conditions go to http://wa.cbca.org.au/

To enter email the completed and signed form together with the A Recipe is a Story, too! entry form to:

recipcbw@yahoo.com
A Recipe is a Story, too! Entry Form

Paste your photograph or drawing here.

Write your recipe and why you chose this recipe here. (If you need more space, you can write on the reverse of this entry form.)